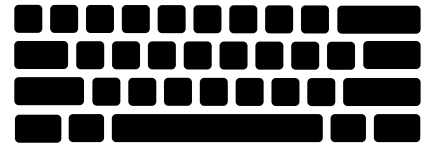


FILMSUPPLY



Keyboard shortcuts for Premiere Pro



Mac	Windows	Task
J	J	Reverse the playback, playing through your timeline backwards.
K	K	Pauses the playback.
L	L	Play forward through your timeline.
Spacebar	Spacebar	Play and pause.
I (in) and O (out)	I (in) and O (out)	Select a section of your timeline.
Cmd + D	Ctrl + D	Duplicates a clip.
Cmd + shift + D	Ctrl + Shift + D	Creates a new sequence.
Cmd + Z	Ctrl + Z	Undo your last action.
Cmd + Shift + Z	Ctrl + Shift + Z	Redo the action you just removed.
Cmd + [or]	Ctrl + [or]	Moves a clip to the previous or next track.
Cmd + Shift + [or]	Ctrl + Shift + [or]	Moves a clip to the beginning or end of a sequence.
Cmd + K	Ctrl + K	Split a clip where your playhead is positioned.
Cmd + T	Ctrl + T	Open the opacity/volume settings of a clip.
Cmd + Shift + C	Ctrl + Shift + C	Toggle through clip and sequence markers.